

# A SILENT MENTOR SURGICAL WORKSHOP

## MASTER COURSE IN HAND & UPPER LIMB, FOOT & ANKLE FRACTURE FIXATION AND SOFT TISSUE SURGERY

ORGANISED BY MALAYSIAN SOCIETY FOR SURGERY OF THE HAND (MSSH),  
CO-ORGANISED BY MALAYSIAN ORTHOPAEDIC FOOT AND ANKLE SOCIETY (MOFAS)  
& DEPUY SYNTHES J&J MALAYSIA

**AUGUST 11 - 13 2022**

**08:00 - 17:00  
(GMT+8)**

**Academy For Silent  
Mentor Training Centre**

Xiao En Centre , Cheras,  
Kuala Lumpur, Malaysia

**Information and  
registration contact:**  
[mofassec2022@gmail.com](mailto:mofassec2022@gmail.com)

**August 11 | Thursday**

Foot & Ankle  
Fracture Fixation

**August 12 | Friday**

Foot & Ankle  
Fracture Fixation and Soft  
Tissue

**August 13 | Saturday**

Soft Tissue  
Around the Ankle and Flap  
Dissection

**REGISTER NOW**



### WHAT TO EXPECT

This hands-on course is unique as its utilizing silent mentors to enhance surgical experience in performing fracture fixation and soft tissue dissections, apart from increasing skills in managing complex UL and LL fractures. Integrated with the usage Mini C Arm (Image Intensifier) X-ray. Participant will interact with experienced faculty of dedicated Hand and Upper Limb, Foot and Ankle, and Plastic Surgeons.

### TARGET PARTICIPANTS (FOOT & ANKLE)

- # Practising Foot & Ankle Surgeons, Orthopaedic Surgeon and Plastic Surgeons who wish to broaden their knowledge in complex fracture fixation in the foot & ankle.
- # Enhance skill in flap cover around Foot & Ankle.
- # Surgical Fellows and Resident interested in improving their management in foot & ankle surgical managements.

### COURSE STRUCTURE (FOOT & ANKLE)

1. Foot & Ankle Fracture Fixation (Limited Seats)
2. Soft Tissue and Flap Dissection (Limited Seats)

<b>LOCAL PARTICIPANT</b>		<b>INTERNATIONAL PARTICIPANT</b>	
DAY 1-3 FOOT & ANKLE SOFT TISSUE	MYR 3000	DAY 1-3 FOOT & ANKLE SOFT TISSUE	USD 1200
DAY 1-2 ONLY FOOT & ANKLE	MYR 2500	DAY 1-2 ONLY FOOT & ANKLE	USD 1000
DAY 3 ONLY SOFT TISSUE	MYR 1500	DAY 3 ONLY SOFT TISSUE	USD 600



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# AGENDA

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## DAY 1 – FOOT & ANKLE | FRACTURE FIXATION 11 AUGUST (THURSDAY)

07:30 - 08:00	Registration
08:00 - 09:00	Briefing
09:00 - 12:00	Surgical approach anterior ankle <ul style="list-style-type: none"><li>- Antero-medial</li><li>- Anterior</li><li>- Antero-lateral</li></ul>
12:00 - 13:00	Lunch
13:00 - 17:00	Approach to Talus fracture Flexor digitorum longus (FDL) transfer Approach to Lisfranc fracture

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## DAY 2 – FOOT & ANKLE | FRACTURE FIXATION AND SOFT TISSUE 12 AUGUST (FRIDAY)

07:00 - 07:30	Registration
07:30 - 08:00	Briefing
08:00 - 12:00	Surgical approach scarf and akin osteotomy <ul style="list-style-type: none"><li>- Weil osteotomy</li><li>- Morton neuroma</li><li>- Chevron 5th toe</li></ul>
12:00 - 13:00	Lunch
13:00 - 17:00	Prone position <ul style="list-style-type: none"><li>- Surgical posterior ankle</li><li>- Postero lateral</li><li>- Postero medial</li><li>- Calcaneoplasty</li><li>- FHL transfer</li><li>- Calcaneum fracture</li></ul>

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# DAY 3 – FOOT & ANKLE | SOFT TISSUE & FLAP DISSECTION

## 13 AUGUST (SATURDAY)

07:00 - 07:30

Registration

07:30 - 08:00

Briefing

08:00 - 17:00

Soft Tissue around Foot & Ankle

- Peroneal brevis flap
- Strayer's procedure
- Release of medial head Gastrocnemius
- Surgical release of foot compartment syndrome
- Foot & Ankle soft tissue reconstruction with Reverse Sural Fasciocutaneous Flap and Local flap

\*Lunch at 12:00 - 13:00

### List of Speakers / Workshop Facilitators

#### Regional

Dr Chong Keen Wai (Singapore)

#### Local

Prof Dr Aminudin Bin Che Ahmad  
Assoc. Prof. Dr. Mohd Yazid Bin Bajuri  
Dr Syah Irwan Bin Shamsul Bahari  
Dr Low Tze Choong  
Dr Mohammad Izani bin Ibrahim  
Dr Tan Geok Puan (Plastic on Day 3)

#### Chairperson (F&A)

Dr Chua Yeok Pin

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